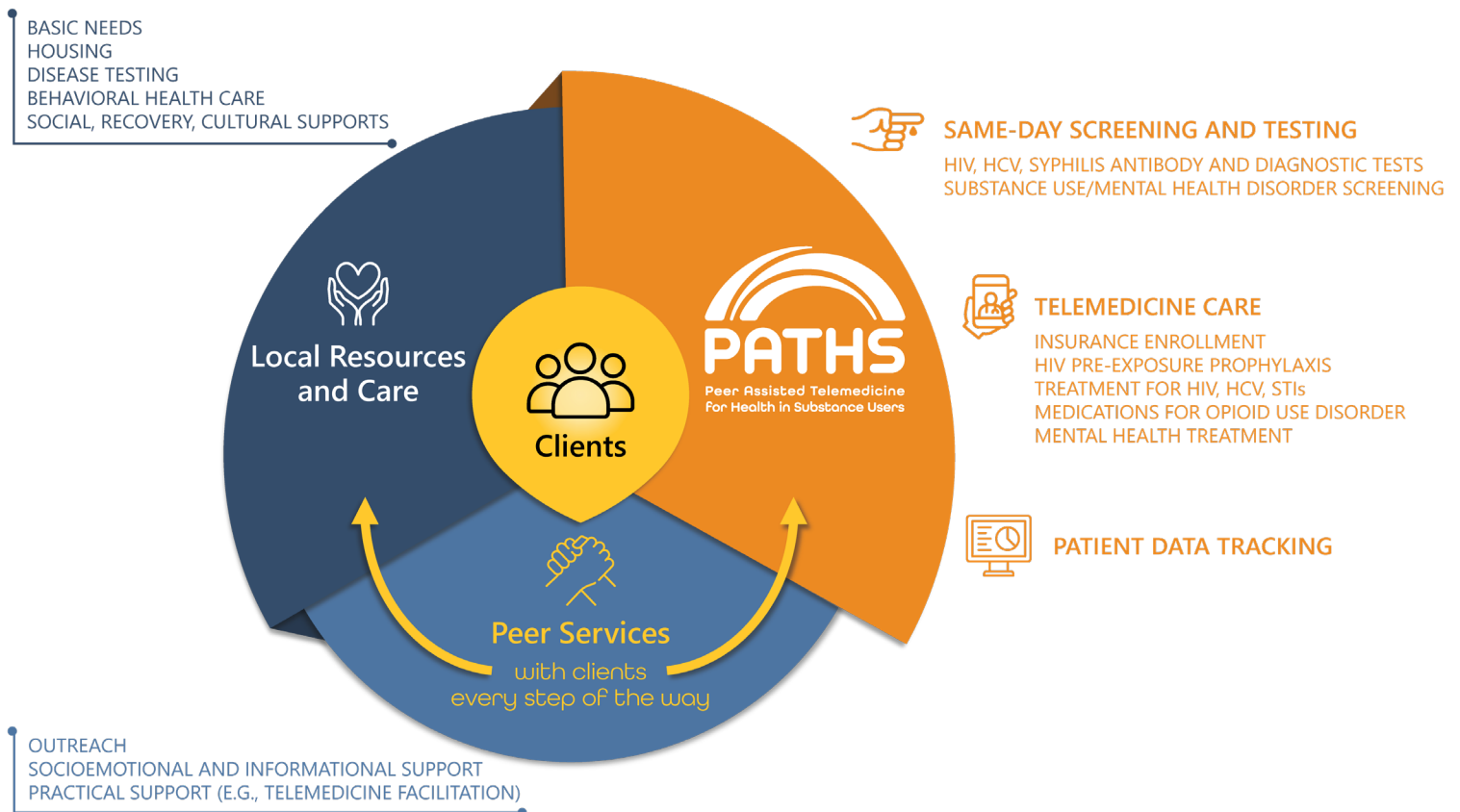


OREGON PATHS



PATHS is an intervention developed by Oregon Health & Science University (OHSU) **in collaboration with partners.** Peer support specialists with lived experience assist people who use drugs to access **telemedicine for hepatitis C (HCV) and HIV treatment and prevention, substance use disorder treatment, and mental health care.** OHSU clinicians provide **streamlined, low-barrier access to care.**



Reduced Delays

- Streamlined lab orders designed to minimize participant burden
- Same-day unscheduled telemedicine clinician visits ("walk-ins")



Reduced Barriers

- Peers facilitate telemedicine visits, including bringing technology to participants
- Medication lockers if participant does not have stable housing



Peer Support

- Assistance with medication reminders, pickup, and adherence
- Calling, texting, and going out to locate participants to maintain contact
- Assistance with daily life needs, resources, and prevention tools

STUDY RESULTS

The initial HCV-focused PATHS model was tested in a National Institutes of Health-funded randomized controlled trial ($N = 203$). **The peer TeleHCV model demonstrated significantly greater impact on HCV treatment initiation and cure than the community referral approach.**

Participants **started HCV meds** within 6 months

Peer TeleHCV **85%**

13% Community Referral

Participants **cleared HCV**

63%

16%

“ [My peer] always found me one way or another. If she couldn't reach me by phone, she would come to my [parents'] house. No matter what it took for her to track me down, she always did. She didn't just stop at one spot because she wasn't able to get a hold of me. **She never gave up.** ”

PATHS EXPANSION

Through a 2025–2028 SAMHSA grant PATHS will implement same-day testing in 6 demonstration sites around the state and add same-day telemedicine for HIV, opioid use disorder medication, and mental health treatment, followed by bridge to local ongoing care.

**PEER SPECIALISTS CAN CONFIRM A DIAGNOSIS AND
CONNECT YOU WITH A DOCTOR TODAY!**

FOR PATHS QUESTIONS:

ROLIN BLOCK
(541) 600-3227

RBLOCK@BAYAREAFIRSTSTEP.ORG

FOR PATHS PEER SUPPORT:

JACK WHITE
(541) 851-7151

JWHITE@BAYAREAFIRSTSTEP.ORG



[HTTPS://BAYAREAFIRSTSTEP.ORG/](https://bayareafirststep.org/)



pathsprogram@ohsu.edu

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